



Blue Bicycle

T R A V E L

Packing List

All of the items below should fit in a wheeled carry-on size suitcase (22"x14"x9"). While we do not anticipate actually carrying on our luggage on the international flights, bringing a bag this size ensures that you will be able to transport the bag around Europe yourself. You will not have access to a washer and dryer during the trip. Plan to wear a clean shirt, underwear and socks every day, and to wear your bottoms and outerwear several times.

Clothing

10 short-sleeve shirts/tanks (girls may substitute dresses for some of their shirts)

2-3 pairs shorts/skirts and 1-2 pairs pants

10 pairs underwear

10 pairs socks (unless you plan to wear sandals, then you don't need as many socks)

1 lightweight rain jacket (it rains a lot more often in Europe than in the US)

1-2 light sweatshirts or long sleeve shirts (it's usually in the high 50s in the mornings in London and Paris, so you will need this when we set out most days)

1-2 pairs comfortable walking shoes with good traction, like a pair of sneakers or good sandals.

Something to sleep in. If you bring pajamas, bring 1-2 pairs, max.

Toiletries

Travel-size shampoo

Travel-size toothpaste

Glasses/contacts/sunglasses

Travel-size conditioner

Feminine hygiene products

Travel-size contact lens solution

Travel-size soap

Deodorant

Hair elastics

Toothbrush

Sunscreen

Hair brush/comb

A tiny box of detergent or a plastic squeeze bottle of concentrated, multipurpose, biodegradable liquid soap is handy for laundry. For a spot remover, bring a Tide pen or Shout wipes.

Seal all toiletries into a plastic bag for the flight. Bring extra ziplock bags for dirty stuff.

Hair Dryer/Straightener/Curling Iron? We have mixed feelings here. The hotels may have them. You don't want to bring anything too big or expensive in case it gets fried (see converter info below). You may decide to air dry for a few days. Your stylist will thank you for it.

Adapters/Converters- England and France have different outlets from each other and the US. We recommend buying a universal adapter/converter with multiple plugs/USB ports so you can charge all of your electronics at the same time. An adapter alone will not convert voltage (European voltage is higher than US voltage) and your electronics could get ruined.

Backpack

Passport

Headphones/earbuds

Phone/iPod

Chargers and batteries

Camera (optional)

Empty water bottle

Spending money

Something to read

Small Notebook/Journal

Medicine and vitamins

Pen

Earplugs

